



CENTRAL OREGON
community college

NURSING DEPARTMENT
<http://nursing.cocc.edu>

December 11, 2009

To Whom It May Concern

Re: Letter of Recommendation

It is my great pleasure to recommend Marlys and Gary Johnson to speak on Cancer Adventures. Their nonprofit organization addresses wellness issues pertinent to all of us, but the topics put into the context of cancer care becomes especially poignant. They address the holistic care necessary for quality of life. They explain how they came to understand the importance of each component and how they incorporate it into their own lives.

We, in our nursing program, feel that wellness is an integral thread to the nursing curriculum. We cannot truly prepare the next generation of nurses without helping them to fully understand the importance of wellness in each student's current and future professional life. Without adequate self-care we are not able to provide competent patient care. Holistic care is not an option; rather, it is the only way to provide quality care. Speakers like Marlys and Gary help bring that message home to students in a real and inspirational way.

I highly recommend that you provide 30-60 minutes of time in your busy nursing program schedule for excellent message from Marlys and Gary Johnson. Your life and the life of your students will be richer for the experience.

Respectfully submitted,

A handwritten signature in cursive script that reads "Kiri Simning".

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